

YUBA COMMUNITY COLLEGE DISTRICT

CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of an Associate Dean, administer preventive and rehabilitation treatment to student athletes and physically handicapped students; organize and oversee pre-season screenings; coordinate medical coverage and insurance process for home games and injured athletes.

REPRESENTATIVE DUTIES:

Attend home athletic events to provide medical coverage; administer first aid to injured student athletes; evaluate injury; refer to physicians, health services and hospitals as necessary; travel to off-campus football games and attend other off-campus sports events as assigned. (E)

Implement physician instructions in the treatment of injured student athletes and physically handicapped students using techniques of corrective and physical therapy. (E)

Consult with physicians, students and coaches concerning preventive and rehabilitative treatments, conditioning, diet and nutrition and training programs. (E)

Instruct and assist in the performance of exercises and operation of therapeutic devices and equipment; provide training in home exercises; prescribe proper exercise and rehabilitation programs. (E)

Organize and oversee pre-season screenings. (E)

Develop and apply protective devices such as taping, bandages, braces and splints. (E)

Coordinate medical coverage and insurance process for home games and injured athletes; complete accident and insurance forms and submit to appropriate personnel for authorization. (E)

Maintain adequate inventory of supplies and equipment; monitor budget. (E)

Inspect equipment and facilities and report safety hazards and needed repair to appropriate personnel.

Provide training and work direction to student trainers.

Perform related duties as assigned.

KNOWLEDGE OF:

Health and safety regulations.

Reading and writing communication skills.

First aid and CPR.

Basic human anatomy and physiology.

Methods of evaluating muscle, joint and neurological functions.

Principles, methods and equipment used in physical rehabilitation, training and conditioning.

Record-keeping techniques.

ABILITY TO:

Administer first aid and CPR.

Administer various therapeutic techniques.

Design and implement training and conditioning programs.

Identify symptoms of serious injuries.

Train and provide work direction to others.

Communicate effectively both orally and in writing.

Establish and maintain cooperative and effective working relationships with others.

Maintain records and prepare reports and insurance forms.

Understand and follow oral and written instructions.

Work flexible schedule.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: bachelor's degree in Physical Education and one year of experience as an athletic trainer.

LICENSES AND OTHER REQUIREMENTS:

Valid CPR Certificate.

Certification by the National Athletic Trainer Association.

Valid California driver's license.

ENVIRONMENT:

College athletic training room environment.

Driving a vehicle to athletic games to conduct work.

PHYSICAL ABILITIES:

Bending at the waist to tape and lift athletes.

Pulling and pushing heavy objects.

Standing and walking for extended periods of time.

Hearing and speaking to communicate with others.

Seeing to monitor safety factors and to observe student's physical condition.

Dexterity of hands and fingers to administer assistance and operate therapeutic equipment.

HAZARDS:

Exposure to contact with bloodborne pathogens and body fluid.

Exposure to individuals with excessive body odor.